



Overflow: Life Lessons from Psalm 23
May 12 - June 16

Often when we think of Psalm 23, we think of funerals. We like its words of comfort that God is with us. What if the words of Psalm 23 were less about comfort and more about living in the overflow of God? In this new sermon series, we'll look at each verse of this famous psalm.

May at a Glance

- May 5** *Managing Your Anxiety: Love > Fear*
Holy Communion
- May 12** *Overflow: I Shall Not Want*
- May 19** *Overflow: He Makes Me Lie Down*
- May 26** *Overflow: He Leads Me*

Summer Playlist

Got a song suggestion? During the month of July, we'll look at how God may be speaking from popular songs. If you have a suggestion of a song for the Summer Playlist series, **please send it to cumc@centralmethodist.com by May 12.**

CENTRAL CONTRIBUTIONS

	3-Mar	10-Mar	17-Mar	24-Mar	31-Mar	Online
Worship Attendance <small>* worship attendance includes online</small>	385	367	361	456		
Sunday School Attendance	184	157	179	178		
Contributions	\$ 9,597	\$ 12,543	\$ 6,084	\$ 7,910	\$ 28,784	\$ 28,531
Faith Promise	\$ 100	\$ 306	\$ 215	\$ -	\$ 60	\$ 2,280
Promised 7-1-23 to 6-30-24	\$78,134		Received YTD		\$55,369	

Methodist Build Update

A lot of progress has been made at the Methodist Habitat Home Build site at 501 W. 1st Avenue in Lenoir City. Concrete foundation and floor trusses have been made and termite treatment and backfill will be taken care of.

If the current work proceeds on schedule, volunteers will be needed on the job site to install plates and insulation on Monday, May 6.

If you've not already indicated you want to serve on this project, contact Steve Rodier to be added to email communication.



The full range of opportunities to serve with Habitat includes:

- Prayer
- Food prep & service
- Volunteer at the Habitat Re-Store
- Financial donations
- Donating construction materials or professional services
- Construction work

We can't wait to get going on this project! If you have any questions, suggestions or concerns, contact Steve Rodier at [203-470-9397](tel:203-470-9397).

THE CONNECTION

Serve with us!

June 24-28
8:30am-4:30pm

Camp in the Community
June 24-28

Central is hosting *Camp in the Community* and we need your help. If you're interested in feeding children or staff, shepherding small groups (in 3 hour shifts), hosting staff in your home or joining our lunch setup/clean up crew then contact Hannah Collins at hannah@centralmethodist.com. **Serve with us to help children engage in faith experiences that will last a lifetime.**



Hands On Mission Project 2024

It's that time of year again when we join with the Holston Conference in filling food buckets for Zimbabwe. Buckets will be available for pick up and filling on Sunday, May 12. They need to be brought back to the church by Sunday, June 2. All details will be in the buckets. Thanks in advance for your generosity, Central.

Loudon County Habitat for Humanity presents

Bridges
out of
Poverty

Thursday, May 30
8:00am-12:00pm | **Worship Center**

Bridges Out of Poverty

Thursday, May 30 | 8:00am-12:00pm
Worship Center

Nearly 6,800 Loudon County residents live below the poverty line. Bridges Out of Poverty is a program sponsored by Habitat for Humanity designed to help recognize the hurdles low-income people face as they seek to provide for their families. The cost to attend is \$25, which includes a workbook and lunch. For more information or to make a reservation, email Sandi Byrd at Sandra@loudoncountyhabitat.org.

CENTRAL KIDS

Mother's Day Song
Sunday, May 12

Central Kids will be singing a special Mother's Day song in worship on May 12th. Families be sure to join us in one or both services.



Nursery

WORKER NEEDED!

Nursery Worker Needed!

We're hiring a nursery worker for Sunday morning at 8:30am-12:30pm for ages 0-4 years old. An ideal candidate is someone with experience and a passion for working with young children.

Responsibilities include: welcoming families, engaging with children, leading a guided Bible story and craft, and helping to maintain a clean and safe space for our children.

Contact Hannah Collins for more details at hannah@centralmethodist.com.

CENTRAL STUDENTS



Sunday School - Want to be Wise?
Sunday Mornings | 10-10:45am Pavilion

Do you want to be wise? We too can build our house on the rock by staying connected to Christ and choosing to follow His words and His way. We begin a new series in Sunday school this month where we'll discuss some of the commands of Christ, how we can live them out as a sign of our love for the Lord and as a way to grow in wisdom.

May at a Glance

- May 5** Graduate Sunday & Youth 5-7pm
- May 12** No Youth for Mother's Day
- May 19** Summer Kick-Off Pool Party 5-7pm
- May 26** No Youth for Memorial Day
- May 29** Sir Goony's 6-8pm

Youth - Open Conversations

Sunday Nights | 5:00pm-7:00am Pavilion

All 6th-12th graders are invited to find faith, family, fellowship and fun as we finish our series *Open Conversations* where we'll discuss how to find hope during difficult times.

Group Activities

SONLIGHTERS

Saturday, May 4 | 6:30pm

The Sonlighters will meet for an ice cream social at the home of Brian and Barbara Williams. Please bring a half gallon of ice cream, an ice cream scoop and lawn chair. Corn hole and ladder golf will be available to play. Contact Melissa Best at [865-719-9491](tel:865-719-9491) for more information.

7TH ANNUAL
Friendship Brunch

Central Girlfriends & Central United Women in Faith invite all ladies in the church to enjoy a meal and time of fellowship.

May 4 | 10:00am-12:00pm Pavilion

RSVP to cumc@centralmethodist.com. Reservations not required, but appreciated.

UNITED WOMEN IN FAITH

Central's United Women in Faith ~ Tour & Lunch

Susannah's House

Wednesday, May 8 | 10:00am
MEET AT CENTRAL TO CARPOOL

Contact: Elaine Crowder [865-986-9443](tel:865-986-9443)

Recognition Booklets

Donations for the United Women in Faith Mother's Day Recognition Booklet can be made on Sunday, May 5. Donations for the United Women in Faith Father's Day Recognition Booklet can be made on May 26 and June 2. Forms will also be available in the church office.

MEETINGS

Martha Circle

Tuesday, May 14 | 1:30pm Room A133

For additional information contact Sharon Lantz at Slantz564@gmail.com.

Ruth Circle

Thursday, May 16 | 1:00pm Room C121

For additional information contact Elaine Crowder at [865-986-9443](tel:865-986-9443).

Hope Circle

Tuesday, May 28 | 6:30pm Cracker Barrel (Lenoir City)

Meet for dinner. For additional information contact Sandy Valentine at sandrajean88888@gmail.com.

Thank you to all who supported the Spring Bake Sale and donated items for Wesley House Community Center and Isaiah 117 House.

May Birthdays

- | | |
|------------------------|-----------------------|
| 1 Ralph Shanahan | 17 Janice Rogers |
| 1 Mark Collins | 18 Marcia Malin |
| 2 Kadi Ann Tuck | 19 Marilyn Jones |
| 4 Sandy Dunsmore | 20 Elaine Crowder |
| 5 McKenna Kinamon | 20 Emily Collins |
| 5 Melanie Milliken | 20 Mike Easter |
| 6 Ann Stuart | 20 Jordan Pardue |
| 6 Bella Ma | 20 Derrick Williams |
| 6 Wendy Messler | 21 Chelsea James |
| 7 Dara Cummins | 21 Mary Jane Raymer |
| 7 Brayden Hensley | 22 Laurinda Hancock |
| 9 Paul Lockridge | 22 Robin Harris |
| 9 Mikenah Grace Rogers | 23 Jane Everett |
| 9 Randy Gouge | 23 Ruth Vaught |
| 12 Pauline Rains | 24 Marlene Hillermann |
| 13 Donnie Malone | 25 Suzan Harnack |
| 14 Dale Arnold | 27 Karen Katcham Tuck |
| 16 Josh James | 30 Jill Gresham |
| 16 Damon Hughes | 30 Samuel Best |
| 16 Jacob Herron | 31 Forrest Davis |
| 17 Sharon Farr | 31 Roger Bowen |
| 17 Garrett Pardue | |

CENTRAL FAMILY Olympics

Wednesday, July 24
6:00-8:00pm | All Ages Welcome

Central Family Olympics

Wednesday, July 24 | 6:00-8:00pm

Mark your calendars for Central Family Olympics on Wednesday, July 24. We'll engage in fun, messy and competitive games for the WHOLE family. This event is intended for all ages, the young and the young at heart. More details to come in emails and newsletters.