



## ***40-Day Devotion for Spiritual Transformation***

Do you consider yourself to be a spiritual person? What does that mean or look like? Do you have an idea of the kind of life you would like with God?

This guide's purpose is to help you pursue authentic spiritual transformation. Each week is centered around the weekly sermon themes. Each day is designed for you to grow in your relationship with God. Elements throughout this guide include scripture, prayer and personal reflection. It's designed to help you to bring all aspects of your life to God.

We are excited about what God is going to do in and through us during this season in your life and our church!

*Pastor Scott and Pastor Audrey*

# WEEK ONE: Surrender

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## February 28

Read Matthew 8:5-13

**Affirm:** I need God

**Commit:** Today I will become aware of areas I have not yet entrusted to God.

**Pray:** *Father, not my will but your will be done. Jesus I trust you will make all things right if I surrender to your will.*

## March 1

Read Matthew 26:39-42

**Affirm:** I need God.

**Commit:** Today I resolve to not avoid or manage pain but to offer it to God.

**Pray:** *Father, not my will but your will be done.*

## March 2

Read Romans 12:1

**Affirm:** I need God.

**Commit:** Today I resolve to become aware of how my ego shows up.

**Pray:** *Father, not my will but your will be done.*

## March 3

Read Galatians 2:20

**Affirm:** I need God.

**Commit:** Today I resolve to relinquish my will or way to another.

**Pray:** *Father, not my will but your will be done.*

**Review of Day:** Was I able to give up my own preference for another person?

## March 4

Read Matthew 16:24-25

**Affirm:** I need God.

**Commit:** Today I resolve to become aware of areas I'm trying too hard to control (my image, other people, an area of sin).

**Pray:** *Father, not my will but your will be done.*

## March 5

Read Luke 9:57-62

**Affirm:** I need God.

**Commit:** Today I resolve to raise my awareness

that all my possessions are from God and belong to him.

**Pray:** *Father, not my will but your will be done.*

### **March 6**

Read Hebrews 12:1-3

**Affirm:** I need God.

**Commit:** Today I resolve to confess to a trusted person how I have struggled this week to surrender.

**Pray:** *Father, not my will but your will be done.*

## **WEEK TWO: Study**

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### **March 7**

Read 2 Timothy 3:16-17

**Ask:** What does this verse say about God? What is God saying to me in this passage?

**Pray:** *God, what do I need to do with this truth? Grant me the courage to act on it.*

**Action:** This week, memorize this verse about the value of God's word. You can do it.

### **March 8**

Read Romans 15:4

**Ask:** What does this verse say about God? What is God saying to me in this passage?

**Pray:** *God, what do I need to do with this truth? Grant me the courage to act on it.*

**Action:** Memorize this verse as you go to sleep. Ask God if there's anything else he wants to say to you through it.

### **March 9**

Read Philippians 4:8-9

**Ask:** What does this verse say about God? What is God saying to me in this passage?

**Pray:** *God, what do I need to do with this truth? Grant me the courage to act on it.*

**Action:** Memorize this verse as you go to sleep.  
Ask God if there's anything else he wants to say to you through it.

**March 10**  
Read Ephesians 4:22-24

**Ask:** What does this verse say about God? What is God saying to me in this passage?

**Pray:** *God, what do I need to do with this truth?  
Grant me the courage to act on it.*

**Action:** Memorize this verse as you go to sleep.  
Ask God if there's anything else he wants to say to you through it.

**March 11**  
Read Psalm 1:1-3

**Ask:** What does this verse say about God? What is God saying to me in this passage?

**Pray:** God, what do I need to do with this truth?  
Grant me the courage to act on it.

**March 12**  
Read Psalm 119:15-16

**Ask:** What does this verse say about God? What is God saying to me in this passage?

**Pray:** God, what do I need to do with this truth?  
Grant me the courage to act on it.

**March 13**  
Read Colossians 2:6-7

**Ask:** What does this verse say about God? What is God saying to me in this passage?

**Pray:** God, what do I need to do with this truth?  
Grant me the courage to act on it.

**Action:** Memorize this verse as you go to sleep.  
Ask God if there's anything else he wants to say to you through it.

## WEEK THREE: Prayer

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**March 14**  
Read Matthew 6:9-13

**Pray:** Pray the Lord's Prayer out loud today.

**March 15**  
Read Colossians 3:16

**Pray:** Give thanks to God for these gifts he's given to you.

**March 16**  
Read Mark 11:24

**Pray:** Ask God for something that you need.

**March 17**  
Read Philippians 4:6

**Pray:** Tell God something you are anxious or worried about and offer it up to him.

**March 18**  
Read Galatians 6:2

**Pray:** Ask God for something specific on behalf of someone else, perhaps in your family, Sunday school class, a friend or neighbor.

**March 19**  
Read 1 Timothy 2:1-2

**Pray:** Pray for local and national leaders, and ask God to grant them wisdom and discernment.

**March 20**  
Read Psalm 51:1-2

**Pray:** Confess to God a time in which you sinned this week and ask for his forgiveness.

## WEEK FOUR: Community

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**March 21**  
Read Hebrews 10:24-25

**Pray:** *God, help me to be a blessing to those around me.*

**March 22**  
Read Ecclesiastes 4:9-10

**Commit:** Be on the lookout for someone you can offer help to.  
**Pray:** *God, help me to see the needs of those around me and as your son Jesus would.*

**March 23**  
Matthew 18:19-20

**Commit:** Reach out to a family member or Read someone in your church to ask how you can pray for them.

**Pray:** *God, grant me the courage to boldly ask others how I can pray for them and follow through with prayer.*

**March 24**  
Read Galatians 6:2

**Commit:** Reach out to someone you know who is struggling.

**Pray:** *Lord, help me to see the struggles of those around me and put their needs above my own.*

**March 25**  
John 13:34

**Commit:** Ask God to show you someone who Read needs to feel loved today and then act on it.

**Pray:** *God, help me to love others as you have first loved me.*

**March 26**  
Read Ephesians 4:32

**Commit:** Reflect on who you might need to forgive or ask forgiveness from.

**Pray:** *Jesus, give me the willingness to forgive \_\_\_\_\_ as you have forgiven me. And grant me the courage to ask \_\_\_\_\_ for forgiveness.*

**March 27**  
Read Acts 2:42

**Commit:** Invited someone to share a meal.

**Pray:** *Lord, help me to be someone who generously offers hospitality.*

## WEEK FIVE: Serving

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**March 28**  
Read Ecclesiastes 4:9-10

**Pray:** *God, thank you for the unique gifts you have given me. Help me see where I can serve others using those gifts.*

**Commit:** Think about a way you could use your gifts this week to bless others. If you have not taken a spiritual gift test, visit [www.GiftsTest.com](http://www.GiftsTest.com).

**March 29**

Read Galatians 5:13

**Pray:** *God, help me serve with humility, and help me move towards a heart of love and service.*

**Commit:** Commit to doing an act of kindness today when you know you will not get the credit for doing it.

**March 30**

Read Matthew 23:11

**Pray:** *God, help me be the one who serves others and serves you whole-heartedly.*

**Reflect:** If you performed an act of kindness yesterday without getting credit, how did it feel? If you did not serve someone without recognition, why didn't you?

**March 31**

Read 1 Samuel 12:24

**Pray:** *Thank you for your gifts you have given me. I invite you to show me how I can turn that gratitude into service.*

**Commit:** Write down five things specific to today that God has done for you and thank him for it.

**April 1**

Read John 12:26

**Pray:** *Lord, I want to be a steadfast follower of you – obedient to you, becoming more like you, and serving others.*

**Commit:** Ask God to help you recognize opportunities God is giving you to serve others.

**April 2**

Read Mark 10:45

**Pray:** *Jesus, thank you for your life of service to everyone you encountered when you were on earth.*

**Reflect:** Reflect on yesterday's opportunities to serve others. When did you ignore those opportunities? When did you take those opportunities and what did you see God do?

**April 3**  
Read Hebrews 6:10

**Pray:** *God, thank you for giving us opportunities to demonstrate your love to other people.*

**Commit:** Reflect on how God used your spiritual gifts this week and opened up opportunities for you to serve others.

## WEEK SIX: Giving Back

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**April 4**  
Read Luke 6:38

**Pray:** *God, who needs my generosity this week (time, resources, financial, emotional, etc.)?*

**Commit:** Weeklong exercise: Pick someone (or an organization) in your life to whom you can show generosity (time, resources, financial, emotional, etc) and make steps to do it this week.

**April 5**  
Read Matthew 28:16-20 (NASB)

**Pray:** *Help guide me so I know how to take steps that will help make disciples of all nations.*

**Commit:** Weeklong exercise: Pick someone (or an organization) in your life to whom you can show generosity (time, resources, financial, emotional, etc) and make steps to do it this week.

**April 6**  
Read Genesis 12:2-3 (NASB)

**Pray:** *God, thank you for your desire to use our church to bless others. Help us to be blessings to our neighbors, to our co-workers, to our families, to our friends so they see more of who you are.*

**Commit:** Weeklong exercise: Pick someone (or an organization) in your life to whom you can show generosity (time, resources, financial, emotional, etc) and make steps to do it this week.

**April 7**  
Read 1 Peter 4:10

**Pray:** *God, thank you for being a generous giver of gifts that reflect parts of who you are. Help me to use mine to demonstrate your love and care for others today.*

**Commit:** Weeklong exercise: Pick someone (or an organization) in your life to whom you can show generosity (time, resources, financial, emotional, etc) and make steps to do it this week.

**April 8**

Read Ephesians 2:10

**Pray:** *God, give me guidance and inspiration to do good in this world.*

**Commit:** Weeklong exercise: Pick someone (or an organization) in your life to whom you can show generosity (time, resources, financial, emotional, etc) and make steps to do it this week.

**April 9**

Read Hebrews 13:16

**Pray:** *God, show me what I do or think that gets in the way of sharing your love.*

**Commit:** Weeklong exercise: Pick someone (or an organization) in your life to whom you can show generosity (time, resources, financial, emotional, etc) and make steps to do it this week.

**April 10**

Read 2 Corinthians 9:6-8

*Today begins Holy Week. Ask Jesus to draw you closer to him.*

**Pray:** *God, help me to be a cheerful giver, excited to share with others what you have given me.*

**Commit:** How did it make me feel to show generosity this week? What did I learn about God's generosity?